



September 2023

Houston Gateway Academy Lunch K-8 HGA

					Lunch Entree Honey Mustard Grilled Chicken Sandwich Vegetables Wedge Cut Fries Spinach Leaves Fruit Diced Peaches	01
	04 Lunch Entree Chicken Nuggets & BBQ Sauce Vegetables Corn Pinto Beans Fruit Red Apple Slices	05 Lunch Entree Hot Turkey & Cheese Sandwich Vegetables Green Beans Broccoli Florets Fruit Orange Misc. Ranch Packet	06 Lunch Entree Korean BBQ Chicken Drumstick Vegetables Cheesy Corn Casserole Collard Greens Fruit Apple Juice Grains Blended Rice	07 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Cucumber Slices Ranch Seasoned Diced Carrots Fruit Craisins	08	
11 Lunch Entree Fiesta Burger Vegetables Wedge Cut Fries Corn Fruit Diced Peaches	12 Lunch Entree Chopped BBQ Brisket Sandwich + String Cheese Vegetables Collard Greens Pinto Beans Fruit Orange	13 Lunch Entree Boneless Wings with BBQ Sauce Vegetables Baby Carrots Green Beans Fruit Red Apple Slices Misc. Ranch Packet	14 Lunch Entree Loaded Tot-chos: Tater Tots with Ground Beef & Queso Fruit Apple Juice	15 Lunch Entree Beef Crumbles Pizza Vegetables Broccoli Brown Sugar Glazed Diced Carrots Fruit Craisins		
18 Lunch Entree Chili Cheese Turkey Hot Dog Vegetables Crinkle Cut Fries Diced Yellow Onions Fruit Diced Peaches	19 Lunch Entree Chicken Tenders & Honey Mustard Dip Vegetables Green Beans Corn Fruit Orange	20 Lunch Entree BBQ Chicken Drumstick Vegetables Breaded Okra Pinto Beans Fruit Red Apple Slices	21 Lunch Entree Breaded Chicken Parmesan Sandwich Vegetables Broccoli Fruit Apple Juice	22 Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Broccoli Parmesan Diced Carrots Fruit Craisins		
25 Lunch Entree Honey BBQ Chicken Sandwich Vegetables Wedge Cut Fries Spinach Leaves Fruit Diced Peaches	26 Lunch Entree Chicken Fajita Walking Taco Vegetables Pinto Beans Corn Fruit Orange	27 Lunch Entree Spaghetti & Meatballs Vegetables Green Beans Fruit Red Apple Slices	28 Lunch Entree Grilled Chicken + Mac & Cheese Vegetables Sautéed Corn & Peppers Sugar Snap Peas Fruit Apple Juice	29 Lunch Entree Deep Dish Cheese Pizza Vegetables Collard Greens Brown Sugar Glazed Diced Carrots Fruit Craisins		

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.